

NRS 415 Professional Accountability Reflection

Student Name

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COURSE XXX: Title of Course

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Professional Accountability Reflection

Social media is not an exception to the community's high regard for the nursing profession, which demands that its members uphold a certain level of professionalism. Social media, which was once created as a way for people to stay in touch with friends and family, has changed into a forum for people to discuss current events and global issues as well as express their political opinions. Though they were created as instruments for communication, social media sites like Facebook, Twitter, and Instagram may also be used to network with possible employers. For this reason, people must make sure that their social media profile is free of strongly held beliefs. Lincoln claims that considering social media sites make nurses more visible, they must always remain professional and retain their calm (Sarginson & Cecilia Wendler, 2024). This paper aims to investigate social media by looking at other people's material, my profiles, and current activity.

The Evaluated Posts, Images, and Conversations

I believe that after looking back at my post, I may have made a few incorrect postings on Facebook. I said in one of my postings that my personal life is being negatively impacted by work-related burnout. I was openly disparaging my organization and displaying my dissatisfaction with its loss of reputation in the mental healthcare industry, which is a highly unprofessional element of my behavior. Furthermore, as I come from an Indian family, I was advocating for the traditional value of caring for parents at home rather than sending them to a nursing facility. Looking at my social media accounts from the viewpoint of a prospective employer, I was surprised at how many arguments I got involved in. I realized that if I had a public position, my involvement would potentially result in my firing very quickly.

Social Media Alignment with Professional Values

While it is not illegal to voice one's ideas, doing so might be unprofessional.

Those who engage in public arguments on divisive subjects may find it difficult to get hired by several organizations. Furthermore, I saw several photos of myself with beer or alcohol in my hands. Although it is legal to consume these types of drinks, it is usually seen as unprofessional. Individuals have the liberty to hold different opinions and perspectives. It is deemed unethical for nurses to criticize patients and their families, regardless of whether actual names and pictures are not used (Sarginson & Cecilia Wendler, 2024).

The Views of The Family, Colleagues, and Friends

Depending on their unique relationships and interactions with the individuals in question, family, friends, coworkers, and other acquaintances may view social media posts from different angles. While coworkers may judge genuineness based on their professional demeanor and code of ethics standards, close family members might possess a greater awareness of a person's character and beliefs and may know them better. As a result, nurses need to exercise caution and mindfulness regarding the potential impact of their digital footprint on their nursing career and professionalism, as this feeling of genuineness is shaped by various interactions and variables (Griffith & Tengnah, 2023).

Humans Value Respect and Dignity

Christian principles should be upheld by all nurses working in the medical area. Nurses should uphold the same values of managing patients with compassion, concern, and consideration when using social media sites like Facebook, Twitter, and Instagram. They should also refrain from discussing with patients how social media can be used to discriminate against and harm them. I am responsible for being mindful of my behavior as a professional nurse and providing my patients with careful care while upholding their rights to privacy and dignity, as

highlighted by Schmidt (2023). Treating patients in therapeutic partnerships and respecting their right to privacy is important. In the therapeutic interaction, trust and dignity are lost once the patient's details are compromised.

Nurses' Standards Uphold

It is the responsibility of nurses to enforce behavior norms as well as the rules and guidelines established by the code of ethics. The duty of maintaining norms of behavior falls on nurses, who also must preserve the nursing profession's image in both their personal and professional spheres. To deliver exceptional nursing care, develop professional responsibility, and give all patients the safest and most compassionate care possible, nurses should adhere to the four basic ethical principles of autonomy, beneficence, justice, and non-maleficence. Nurses' public perception and trustworthiness in the healthcare industry are harmed when they share unsuitable information on social media.

According to Griffith and Tengnah (2023), a nurse may suffer adverse outcomes, including penalties, license revocation, and job loss, if they violate HIPAA patient privacy, publish anything on social media, or violate the code of ethics. HIPAA violations can occur accidentally or on purpose. In the latter case, the nursing committee would penalize the nurses with a fine between \$10,000 and \$20,000 or suspend their license, as highlighted by Schmidt (2023). Because it is deemed unethical, unprofessional, and a violation of patient privacy, HIPAA violations are major offenses in the nursing field that carry severe penalties and may result in administrative penalties, including the suspension of a nurse's license.

Conclusion

By avoiding publishing work-related content on social media, declining friend

requests, and following patients, I can make my posts more professional. To maintain professionalism, nurses should only speak to patients while respecting professional limits. They should also exercise caution when striking up discussions with patients. Finally, healthcare professionals should never give out their phone numbers to patients or discuss them in any way. (Griffith & Tengnah, 2023).

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