



**CAPELLA**  
UNIVERSITY

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MHA-FPX5020

HEALTH ADMINISTRATION  
CAPSTONE

VIDEO INTRODUCTION

# MY BACKGROUND

- I currently work in Education and have been doing it for 3 1/2 years.
- I have a bachelor's degree in Interdisciplinary Studies with Public Health and Psychology as my concentrations.
- I do not have any background working in the healthcare field, but I would love to work in a hospital setting or even a nursing home setting.
- NCHL Competencies – Areas of strength: Self-Awareness, Self-Confidence, and Well-Being
- NCHL Competencies – Development opportunities: Relationship & Network Development, Financial Skills, and Change Leadership.

# NURSING AND PHYSICIAN SHORTAGE

- My topic is nursing and physician shortage and how it affects the overall operations of healthcare.
- Data examination on nursing and physician shortage will provide an understanding of the causes, effects, and possible solutions based on current evidence (Lorkowski & Jugowicz, 2021)
- The data analysis will provide recommendations on mitigating the impact of nursing and physician shortages in the organization
- The analysis will harness my evidence-based practice application, a significant skill in the change leadership competence desired in my future career

# Name of Organization

- The name of the organization that I will be doing my data analysis project on is St. Vincent's Medical Center, a part of Hartford Healthcare, one of Connecticut's comprehensive healthcare networks.

# References

- Lorkowski, J., & Jugowicz, A. (2021). Shortage of Physicians: A Critical Review. *Advances in experimental medicine and biology*, 1324, 57–62.  
[https://doi.org/10.1007/5584\\_2020\\_601](https://doi.org/10.1007/5584_2020_601)
- NCHL Competency Model